



RUDOLF STEINER SCHOOL
NEW YORK CITY

EXTRACURRICULAR OFFERINGS

2023-2024

The Rudolf Steiner School is delighted to provide students in grades 1 – 6 with an opportunity to participate in various extracurricular offerings before and after school. These programs are open to all Rudolf Steiner School students currently enrolled in the indicated grades listed for each course. These offerings are an extension of our regular school day programs and are designed to enhance the overall school and curricular experiences of every child.

Extended Day Workshops

The Rudolf Steiner School offers a variety of Extended Day program options for Lower School students. These sessions are open to all Rudolf Steiner School students currently enrolled in the indicated grades listed for each course. For programs other than AfterCare, please sign up as promptly as possible, as we can offer only classes that have a minimum enrollment of 6 students. **Except where noted, materials will be provided by each program. Snacks will be offered to participants from 3:00 – 3:30; please be prompt for pick-up between 5:00 – 5:30pm.**

Space is limited, so sign up quickly!

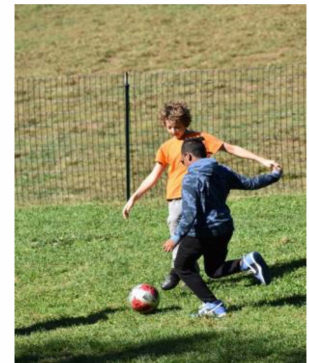
MONDAYS

Junior Athletics (Grades 5 - 6)

Operates: Mondays, 3:30 – 5:00 pm
Teacher: Chris Manzanillo & Chikako Miyoshi
Enrollment Limit: none
Cost: \$360 / session / child

[REGISTER HERE](#)

Monday Spring Session
April 1, 8, 15, 22, 29
May 6, 13, 20
June 3



Join us for soccer, flag-football and other games to build skill and agility – physically, mentally, and socially in preparation for team sports.
Please be in touch with the Business Office if you seek financial assistance for Junior Athletics.

WEDNESDAYS

Sports FUN-damentals (Grades 2 - 4)

Operates: Mondays, 3:30 – 5:00 pm

Teacher: Chikako Miyoshi

Enrollment Limit: none

Cost: \$360 / session / child

[REGISTER HERE](#)

Wednesday Spring Session

April 3, 17, 24

May 1, 8, 15, 22, 29

June 5



Join us for soccer, tag, capture the flag, and other games to build skill and agility – physically, mentally, and socially in preparation for team sports.
Please be in touch with the Business Office if you seek financial assistance for Sports Fundamentals.

AfterCare

The AfterCare Program is open to all students in grades Nursery to 5.

MONDAYS - FRIDAYS

Early Childhood AfterCare (Nursery – Kindergarten)

Operates: Mondays – Fridays, 3:00 – 5:30 pm

Teacher: Olivia Oswald

Enrollment Limit: no limit

Cost: \$35 / day / child

[REGISTER HERE](#)

Session Schedule

Spring: April 1 - June 7



This program provides care for students after school in the Buttercup Nursery classroom. The afternoon includes preparing and sharing a simple snack, play and story time. Children in Nursery through Kindergarten are welcome to join.

Elementary AfterCare (Grades 1- 5)

Operates: Mondays – Fridays, 3:00 – 5:30 pm

Teacher: TBD

Enrollment Limit: no limit

Cost: \$35 / day / child

[REGISTER HERE](#)

Session Schedule

Spring: April 1 - June 7



This program provides care for students after school. Our teachers look forward to greeting your children each day, enjoying snack and leading activities, and crafts in the First Grade classroom.

Extracurricular Activities

The Rudolf Steiner School offers a number of opportunities to enhance the students' school experience at no additional cost including Morning Run, Junior Chorus, Chess Club, and various learning supports (more information to come) including the Academic Lab.

MONDAYS

Chess Club (Grades 2-3)

Operates: Mondays, 3:15 – 4:00 pm

Enrollment Limit: none

Session Schedule: April 1, 15, 29; May 6, 20; June 3

[REGISTER HERE](#)

Chess Club (Grades 4 - 6)

Operates: Mondays, 3:15 – 4:00 pm

Enrollment Limit: none

Session Schedule: Mondays, April 1 – June 3

[REGISTER HERE](#)



This program welcomes students who are interested in exploring chess. Students will have the opportunity to master basic skills and tactics and move on to advanced strategies when they are ready. Our objective is for children to build confidence in their play and to delight in the pure enjoyment of the game.

TUESDAYS

Morning Run (Grades 5 & 6)

Operates: Tuesdays, 7:45 – 8:10 am

Teacher: Chikako Miyoshi

Enrollment Limit: none

Session Schedule

Spring: April 2 - June 4



Studies show that movement and physical activity before academic work are deeply beneficial. Additionally, Morning Run offers students an opportunity to connect with friends in a fun, supportive, and healthy outdoor engagement before the school day begins. I hope your student will join us!

WEDNESDAYS

Junior Chorus (Grades 4 - 6)

Operates: Wednesdays, 7:30 – 8:10 am

Teacher: Jeffrey Spade

Enrollment Limit: none

Session Schedule

Spring: April 3 - June 5



Students will sing a wide variety of children's choral music literature in unison, two-part, and three-part harmony. Membership is open to all students in grades four, five, and six. In addition to singing at school assemblies and concerts, there will be opportunities for members of the chorus to perform off campus at outside events and for community service engagements.

WEDNESDAYS & THURSDAYS

Academic Lab (Grades 1 - 6)

Operates: Wednesdays and Thursdays, 3:00 – 3:45 pm

Teacher: Lisa Mandel

Enrollment Limit: by teacher recommendation only

Session Schedule

Spring: April 3 – June 6



Academic Lab is a place where students in grades 1-6 can go to receive academic support from the Learning Specialist and/or to do homework under the supervision of the Learning Specialist. It is by invitation only and will occur from 3:00-4:00 on Wednesday and Thursday afternoons.

THURSDAYS

Robotics Club (Grades 5 - 8)

Operates: Wednesdays, 3:15 – 4:15 pm

Teacher: Chiara Madhu

Enrollment Limit: none

Session Schedule

Spring: April 3 – June 5



Now that spring is here, students in grades 5 and 6 are welcome to join the 7th and 8th grade Robotics Club in the Upper School!

Please email [Chiara](#) if you have any questions.