

SCHOOL LUNCH MENU

<u>Week of 3/4</u>					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
E N T	Pasta with Pork Ragù	Chicken Tikka Massala	Beef Barbacoa Tacos	Salmon Teriyaki	Roasted Turkey & Gravy
R É	Dairy Free	GF, Dairy Free	Dairy Free	GF, Dairy Free	GF
V E G	Pasta with Vegetable Ragù	Paneer Tikka Massala	Frijoles Refritos Tacos	Tofu Teriyaki	Roasted Mushrooms with Lentils
N T R É	Vegan	GF, Vegetarian	Vegan	GF, Vegan	GF, Vegan
S I D	Roasted Winter Squash	Roasted Eggplants	Zucchini with Pumpkin Seeds	Kabocha Squash with Mirin	Roasted Brussel Sprouts
E S	GF, Vegan	GF, Vegan	GF, Vegan	GF, Vegan	GF, Vegan
S I	Gluten Free Pasta	Rice with Cilantro	Paprika Potatoes	Shiso Rice	Mashed Potatoes
D E S	GF, Vegan	GF, Vegan	GF, Vegan	GF, Vegan	GF, Vegan
	<u>l</u>		Week of 3/11		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
E N T	Turkey Chili	Meatloaf	BBQ Roasted Pork	Roasted Salmon with Lemon & Tarragon	
R É	GF, Dairy Free	Dairy Free	GF, Dairy Free	GF, Dairy Free	
V E G	Vegetable Chili	Veggie Patties	Smokey Beans	Grilled Tofu with BBQ Lemon Rub	NOON DISMISSAL
N T R É	GF, Vegan	GF, Vegan	GF, Vegan	GF, Vegan	
S I D	Roasted Broccol	Roasted Kabocha Squash	Carrots & Peas	Fennel with Parsley	
E S	GF, Vegan	GF, Vegan	GF, Vegan	GF, Vegan	
SI	Steamed Rice	Mashed Potatoes	Mac & Cheese	Roasted Potatoes	
D E S	GF, Vegan	GF, Vegan	Vegetarian	GF, Vegan	