



RUDOLF STEINER SCHOOL

NEW YORK CITY

SCHOOL LUNCH MENU

Week of 6/9					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
E N T R É E	Potato Samosas with Cilantro Chutney Vegan	Tacos con Pollo Verde (GF), Dairy Free	Pollo Guisado GF, Dairy Free	Pork Loin Souvlaki GF, Dairy Free	Beef Burger with RS Special Sauce (GF, Dairy Free)
V E G E N T R É E	Potato Samosas with Cilantro Chutney Vegan	Tacos con Frijoles Refritos Verde (GF), Dairy Free	Chickpea Guisado GF, Vegan	Stuffed Eggplant with Lentil & Feta GF, Vegetarian	Veggie Burger with RS Special Sauce (GF, Dairy Free)
S I D E S	Smokey Roasted Eggplant GF, Vegan	Roasted Zucchini GF, Vegan	Roasted Plantains GF, Vegan	Green Beans with Oregano GF, Vegan	Broccoli with Crispy Garlic GF, Vegan
S I D E S	Herbed Millet GF, Vegan	Rice with Quinoa GF, Vegan	Arroz Amarillo GF, Vegan	Roasted Potatoes with Peppers GF, Vegan	Yucca Fries GF, Vegan